

A day long Workshop with
Leith Thompson:

Counselling Skills for Church Workers

Aligning Psychological Approaches with God's Heart



The Lord is close to the broken hearted and saves those who are crushed in spirit. (Psm 34:18)

What is the most important thing in the world?

The Love of God for His people through His Son Jesus Christ.

Kei te aha te mea nui i te ao?

Te aroha o te Atua ki Ona tangata i roto
i Tana Tama, i a Ihu Karaiti

In this workshop I will develop ideas concerning:

Being empathetic, the warmth and caring that people long for and need for recovery.
Being a good listener, not interrupting, drawing out a person's story.
Confidentiality developed through trust.
Learning to be your real self when sitting with people.
Looking for the good in people.
Accepting, never judging, being the safe person people need.
Noticing how a person's language reveals what they believe about themselves.
Teaching people the skill of seeing their own thoughts in the moment.
Helping others to doubt the accuracy of long held self beliefs.
Helping people ponder whether these beliefs align with what God thinks.
Helping people to know that every thought needs to be challenged before it is believed.
Allowing God space in the moment to speak to hearts, to renew minds.
Allowing God to bring about change.

God has taught me :

That He knows how we are made.
That we are fearfully and wonderfully made.
That He knows our thoughts from afar. (Psm 139)
That He works within the soul, He can divide even between soul and spirit. (Heb 4:12)
To take every thought captive. (2 Cor 10:5)
To renew our minds in Christ Jesus. (Rom 12:2)

Who would benefit from this workshop?

This workshop will be helpful to those who would like some understanding of psychological models blended with Christian approaches. Pastors, pastoral care workers, counsellors, ministry leaders, youth group leaders, children's workers.

There is only One Counsellor Isaiah 9:6



I trained and worked as a Church Pastor but I found myself increasingly involved in listening to people's stories and struggles. I wished that I could do more to help.

At a change point in my life...I pondered which direction I should go in...what was God's leading?

A friend said to me

"Why don't you become a counsellor?"

My answer was..."**Because I am not interested in psychological approaches**"

Their response was:

"Yes, but why don't you become a Christian counsellor?"

I replied "**What is a Christian counsellor?**"

This launched me into twenty two years of learning. I signed up to Bethlehem Tertiary Institute for three years of study. My journey into what God thinks a Christian counsellor is, began.

As I commenced my own counselling practice I found that God was very interested and involved in people's lives. Year by year He helped me understand good spiritual use of Cognitive Behaviour Therapy, Narrative Therapy, Person Centred Therapy, of Listening, Caring and Supporting. God showed me that he was involved in the counselling process and that He was active in the outcomes that He wanted for peoples lives. **I found that if I paused long enough ...I would see God bring light to half-truths and the realisation of the true value that we each hold in His eyes.**

Date: Thursday 8th June 2023

Time: 9.00am - 3.30pm

Venue: Upstairs, Central Baptist
640 Cameron Rd, Tauranga

To register email:
solacecounselling101@gmail.com
Txt or phone Donna 0274815466
Morning tea provided

Cost: \$150.00

01-0373-0113606-26

Reference: Your name...Christian Counselling Workshop

