

Leith Thompson:
A Two Day Workshop:

Working With Children
Mahi Tahi Me Nga Tamariki



You may know my name, but you don't know my story.

It is not always easy to get children talking in a therapeutic setting...children often express what they are thinking and feeling through play. Play is a child's language. When a child feels safe in relationship they will often talk about the real things happening in their lives.

In this workshop Leith concentrates on his work with children aged 5-12 years of age. He presents a Child Centred, Play Therapy approach using Cognitive Behaviour Therapy, Narrative Therapy and Sculpting Therapy.

Leith has worked in the Tauranga area for the last eighteen years. He has worked in private practice specialising in working with children and young people. Leith has worked with WBOP PHO and B.O.P. Therapy Foundation working with at risk children, contracting to local schools and teaching a six week Mental Health Program to both primary and college aged children.

In this presentation Leith shares his knowledge of:

Helping children come out of themselves.

... using play in therapy.

... connecting to children, becoming friends.

Using therapy in play.

... snakes and ladders, hop scotch, and building volcanoes in therapy.

... creating play roads and mental health road signs to help with anxieties.

Using CBT to reveal the thoughts of children.

... teaching children to spot their own thoughts.

... replaying events of a child's life.

... pondering together thoughts, feelings and effects on a child's life.

... t shirts in therapy, beliefs becoming visible and challenging.

... fighting mean thoughts, popping balloons and bowling over beliefs.



Using family sculpting therapy in children's lives.

... placing of small dolls to represent the relationships in a child's life.

... building houses made of blocks and pondering the feelings that live in each home.

Using Narrative

... giving problems a child friendly name.

... watching children's language closely for hidden strengths to help build alternate stories.

... threading alphabet beads to endorse new learnings about self.

This workshop will aid counsellors, counselling students, social workers, school deans and those who work with children.

Date: Thursday 2nd November 2023
Friday 3rd November 2023

Time: 9.00am - 3.30pm

Venue: Maungaraki Baptist Church
164 Dowse Drive, Maungaraki, Lower Hutt, Wellington.

To register email: workshops@solacecounselling.org

Cost: \$450.00 incl gst
Students: \$395.00 incl gst

Payment details
01-0373-0113606-27
Reference - Your name and Children's Workshop.



Past Workshop feedbacks

"Absolutely loved the practical ideas explored. The visual approaches were great.
To see how you use play therapy."

"I want to buy a Hobberman ball and a Big pencil and lots of big rulers to snap!"

"Absolutely everything."

"T-Shirts, Sculpting board, Hobberman Ball, Presence, Curiosity, Somatic, Pencil."

"A lot of helpful resources and tools."

"Really enjoyed the T-Shirt work, Thank you."

"Great resources, well presented, Great illustrations. How to make applications...
better, new and improved confidence and knowledge."

"So much, a clearer understanding of CBT and the need to teach it. Will defo use the
t-shirt and alternative story idea. It makes so much sense!"

"That there is so much more to learn about myself and others."

"T-Shirts - Love it!"

"very helpful workshop. Great training and information provided to use in my space."

